

LEVEL 1 IMPROVERS COURSE

Table Tennis Fun Club (TTFC)

Level 1 Improvers

Play. Improve. Enjoy.

Author: Peter Aird

© Table Tennis Fun Club



Play Better Table Tennis — At Any Age

A fun, confidence-building online course designed especially for adults 50+ who want to improve their game without pressure.

Start Improving Today

PROBLEM SECTION (RELATABLE & AGE-POSITIVE)

You love playing table tennis...

But maybe you feel inconsistent.

Maybe younger players seem faster.

Or maybe you're unsure *what* to practice — or *how* to practice properly.

You don't want intense coaching or complicated jargon.

You just want to play better, feel confident, and enjoy the game again.

That's exactly why this course exists.

SOLUTION SECTION

Introducing:

The Level 1 Table Tennis Improvers Course

Created by **Peter Aird**, ranked #2 in Scottish 70s, this course gives you a **clear, step-by-step system** to improve your game while keeping it fun, simple, and motivating.

- No pressure.
- No intimidation.
- Just progress you can feel.



WHAT YOU'LL LEARN (MODULE BREAKDOWN)

✓ Module 1: Your Improvement Roadmap

Understand how the course works and how to get results fast.

✓ Module 2: Grip, Stance & Footwork

Build the foundation for balance, control, and faster reactions.

✓ Module 3: Core Strokes

Master the four essential strokes that handle most match situations.

✓ Module 4: Serving & Returning

Take control of points before the rally even begins.

✓ Module 5: Rules, Practice & Match Play

Practice with purpose and play smarter, more confident matches.

✓ Module 6: Putting It All Together

Lock in your progress and prepare for the next level.



WHY THIS COURSE IS DIFFERENT

- ✓ Designed specifically for adults 50+
- ✓ Fun, gamified lessons that keep you motivated
- ✓ Easy-to-follow drills you can do at home
- ✓ Expert coaching without intimidation
- ✓ Progress you can see and feel

This isn't about becoming a pro.

It's about becoming **the best version of you at the table.**

WHO THIS IS FOR

- Recreational players who want to improve
- Adults returning to table tennis later in life
- Players who want structure without pressure
- Anyone who wants more confidence, fitness, and fun

WHAT YOU GET

- Lifetime access to all modules
- Structured lessons and drills
- Gamified challenges to track progress
- Supportive learning experience
- A clear path to Level 2 (Intermediate)

Ready to Play Better and Enjoy the Game Again?

Click below to start your Level 1 Table Tennis Improvers Course today and rediscover how fun improvement can be.

www.tabletenniss.com

 **Start Improving Today**

